



Gold's Aquatics Liability Waiver and Helpful Hints

Tips for Successful Lessons:

- ❖ PLEASE BRING YOUR OWN SWIMSUIT AND TOWEL TO LESSONS EVERYDAY.
- ❖ PLEASE BE ON TIME FOR YOUR LESSON, IT MORE DIFFICULT FOR YOUNG CHILDREN TO WHEN THE OTHER CHILDREN HAVE ALREADY BEGUN CLASS.
- ❖ PLEASE DO NOT INTERRUPT TRAINERS DURING THE LESSON; THIS TAKES THEIR TIME AND ATTENTION AWAY FROM THE SWIMMERS.
- ❖ PLEASE DO NOT TRY AND INSTRUCT YOUR SWIMMER FROM THE POOL SIDE, AS THE TRAINERS ARE THERE TO WORK WITH YOUR SWIMMERS.
- ❖ PLEASE ENCOURAGE YOUR SWIMMER TO ATTEMPT PARTICIPATION WITHOUT GOGGLES, OFTEN THEY BECOME ONLY A DISTRACTION.

More Details and Instructions:

- ❖ IF THE CLASS IS CANCELLED, WE RESERVE THE RIGHT TO PLACE THE STUDENT IN A DIFFERENT CLASS. IF A CLASS IS NOT AVAILABLE A CREDIT WILL BE ISSUED.
- ❖ YOU MAY REGISTER FOR AS MANY SESSIONS AND CLASSES AS YOU WOULD LIKE.

I HEREBY RELEASE GOLD'S GYM, ITS OFFICERS, COACHES, AND/OR REPRESENTATIVES FROM ANY LIABILITY WHICH MAY ARISE OUT OF MY CHILD'S PARTICIPATION IN ANY OF THE SAID CLUB'S ACTIVITIES, GAMES, PRACTICES, AND TO HOLD SAID CLUB, OFFICERS, COACHES, AND/OR REPRESENTATIVES HARMLESS FROM ANY EXPENSE OR CLAIM FOR DAMAGES WHICH MAY BE INCURRED ON BEHALF OF SUCH CHILD FOR ANY INJURY, ILLNESS, OR ACCIDENT WHICH MAY OCCUR IN CONNECTION WITH SUCH CHILD'S PARTICIPATION HEREIN.

I HAVE READ, UNDERSTAND, AND AGREE TO THE FOLLOWING RULES AND INSTRUCTIONS.

SIGNATURE _____